

2001 California Dietary Practices Survey

Table 46: Consumption of Reduced Fat Cheese, Out of Those Who Consume Cheese, Trends 1993-2001

Question: Yesterday, did you have any cheese? If yes, was it reduced fat, lowfat, fat free, or regular?

Base: People who reported eating cheese.

	Percent Who Ate Reduced Fat Cheese					Change of Percentage			
	1993	1995	1997	1999	2001	1993-95	1995-97	1997-99	1999-01
Total	22	25	20	19	20	3	-5*	-1	1
<i>Sex</i>									
Males	20	26	17	17	18	6	-9*	NC	1
Females	23	25	22	21	22	2	-3	-1	1
<i>Males</i>									
18 - 24	12 ***	32 *	15	20 *	12 **	20*	-17*	5	-8
25 - 34	14	14	13	11	10	NC	-1	-2	-1
35 - 50	21	23	15	15	18	2	-8	NC	3
51 - 64	17	45	32	13	26	28**	-13	-19*	13
65+	53	33	22	38	39	-20	-11	16	1
<i>Females</i>									
18 - 24	17	20 *	10 ***	17	15 **	3	-10	7	-2
25 - 34	16	14	15	19	20	-2	1	4	1
35 - 50	26	26	25	20	19	NC	-1	-5	-1
51 - 64	29	19	29	20	19	-10	10	-9	-1
65+	32	50	42	30	43	18	-8	-12	13
<i>Ethnicity</i>									
White	20	24	19	18	20	4	-5	-1	2
Hispanic	24	28	23	21	17	4	-5	-2	-4
Black	37	12	20	15	21	25	8	-5	6
Asian/Pacific Islander				17	24				7
<i>Education</i>									
Less than high school	33 *	25	24	33 *	20	-8	-1	9	-13
High school graduate	15	27	17	18	24	12*	-10*	1	6
Some college	20	26	20	16	18	6	-6	-4	2
College graduate	24	23	20	17	19	-1	-3	-3	2
<i>Income</i>									
Less than \$15,000	15	27	18	25	22	12	-9	7	-3
\$15,000 - 24,999	23	33	25	16	22	10	-8	-9	6
\$25,000 - 34,999	23	13	20	23	7	-10	7	3	-16*
\$35,000 - 49,999	26	25	20	13	16	-1	-5	-7	3
\$50,000+	20	25	18	16	19	5	-7	-2	3
<i>Physically Active</i>									
Did not meet recommendations					18				
Met recommendations					22				
<i>Overweight Status</i>									
Overweight/Obese					19				
Not overweight					20				

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi square test:

* p<.05

** p<.01

*** p<.001